



PAULIG EYE & HEALTH

Operation / Laser / Anti-Aging



Press Kit

Dr. Sylvia Paulig

CEO, Paulig Eye & Health

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1. Professional Biography - Dr. Sylvia Paulig

Dr. Sylvia Paulig, Dr. med., is an internationally recognized ophthalmic surgeon, healthcare entrepreneur, and research innovator with an extraordinary record of achievement in vision science and preventive medicine. She is the Founder and CEO of Paulig Eye & Health (Berlin, Germany) and the Paulig Research Institute, where she combines advanced ophthalmic care with translational research and the development of innovative health products.

Education and Academic Formation

Dr. Paulig completed her medical studies at the University of Leipzig and received her doctoral degree (Dr. med.) from Humboldt University of Berlin (Charité). This strong academic background has provided the foundation for her evidence-based and interdisciplinary approach to healthcare.

Professional Excellence and Innovation

With more than 120,000 intraocular surgeries performed over three decades, Dr. Paulig ranks among the most experienced and respected eye surgeons worldwide. She pioneered the patented BinovisionTM technique, which restores natural binocular vision without dependence on glasses, representing a major innovation in refractive surgery and functional vision outcomes.

Global Patient Care

Paulig Eye & Health welcomes patients from across the globe, providing world-class diagnostic and surgical solutions. Treatments are distinguished by the integration of Western medical precision with holistic and longevity-based strategies, offering patients not only restored vision but also improved overall health.

Research and Product Development

Through the Paulig Research Institute, Dr. Paulig leads international projects at the intersection of ophthalmology, longevity, and systemic health. The Institute conducts research and also develops and produces specialized health formulations that support eye health, mitochondrial activation, cellular repair, and healthy longevity. This translational approach enables preventive strategies that extend beyond vision to systemic well-being.

Recognition and Global Leadership

Dr. Paulig's exceptional contributions have been recognized with international awards, including Best Ophthalmic Surgeon Worldwide and Healthcare Elite Global. Her pioneering work has been featured in major publications such as Forbes India, Humans of Globe, and CIO Times.

Commitment to Global Collaboration

As a board member of GHORFA (Arab-German Chamber of Commerce and Industry), Dr. Paulig actively promotes collaboration between Europe and the Arab world in education, healthcare innovation, and knowledge-sharing. She is contributing to the establishment of non-invasive longevity and diagnostic centers in the GCC, supporting the UAE's strategic vision to become a global hub for medical excellence, preventive healthcare, and advanced research.

Legacy and Mission

Dr. Sylvia Paulig's extraordinary career reflects her lifelong commitment to surgical precision, scientific innovation, and human-centered care. Her mission is to expand access to preventive and regenerative medicine worldwide—positioning vision health as a driver of healthy longevity and strengthening the UAE's leadership in building sustainable healthcare for the future.

International Recognition and Influence

Dr. Paulig's outstanding skills and innovative spirit have made her a sought-after speaker on global platforms. Her presentations in cities like Tokyo, Abu Dhabi, Barcelona and Chengdu have influenced ophthalmic practice worldwide, establishing her as a leading expert.

With over 110,000 self-performed intraocular operations, she has significantly enhanced her patients' quality of life.

Holistic Health Approach

In addition to her technical expertise, Dr. Paulig is distinguished by her holistic approach to patient care.

With certifications in Ayurvedic medicine, psychotherapy, wellness and nutrition, and as a yoga instructor, she integrates a comprehensive health philosophy into her daily practice.

Awards and Memberships

Her extraordinary achievements have been widely recognized, including her re-election as a board member of the Arab-German Chamber of Commerce and Industry (GHORFA).

Dr. Paulig is a member of numerous esteemed medical organizations, such as the American Society of Cataract and Refractive Surgery, the American Association of Ophthalmologists, and the European Society of Cataract & Refractive Surgeons.

A Vision for the Future

Dr. Sylvia Paulig remains a tireless advocate for medical innovation and patient satisfaction. Her pursuit of excellence and passion for improving her patients' quality of life make her a true pioneer of modern ophthalmology.

Dr. Sylvia Paulig has been appointed Editor-in-Chief of the Open Access Journal of Ophthalmology (OAJO), recognizing her international contributions to ophthalmic science and interdisciplinary system medicine.

2. About Paulig Eye & Health

Paulig Eye & Health is a state-of-the-art ophthalmology clinic in Berlin, Germany. It is dedicated to providing cutting-edge eye treatments, combining advanced technology with holistic health practices.

3. Press Coverage

The Leaders Network

Artikel»[Spotlighting Professional Leadership](#)« 01/2026

The Dubai Leaders Magazine

Artikel»[Global Excellence & Leadership Awards](#)« 01/2026

The Sun Chronicle

Artikel»[Medical excellence is exemplified](#)« 10/2025

The Bakersfield Californian

Artikel»[Leaders whose work goes beyond](#) « 10/2025

Barchard

Artikel»[Those building lasting Legacies](#) « 10/2025

Barchard

Artikel»[Forttuna Global 100](#) « 10/2025

Bussiness Insider

Artikel»[The Legacy Makers 2025](#) « 10/2025

Forbes India

Artikel»[The Legacy Makers](#) « 10/2025

Fluxx Event – Keynote Speaker

Video»[Fluxx Event – Keynote Speaker](#)« 10/2025

Arab Leaders

Artikel »[Dr. Sylvia Paulig: A visionary Pioneer in Ophthalmology and Longevity](#)« 10/2025

Fluxx Conference – Qatar, Doha

Artikel »[Fluxx conference middle east](#)« 10/2025

Medwin Publishers

Artikel »[Two in one- Revolutionary Ideas for Publications in Scientific Journals](#)« 08/2025

Forbes India

Artikel »[Dr. Sylvia Paulig: Leading the future of vision, longevity and human-centered medicine](#)« 07/2025

Fluxx Awards

Artikel »[Dr. Sylvia Paulig was awarded at Fluxx Awards](#)« 07/2025

Forbes Asia 2025

Artikel »[Dr. Sylvia Paulig: A visionary pioneer in ophthalmology](#)« 04/2025

Humans of the Globe 2025

Artikel »[The Lens That Reimagines the Future of Eye Care](#)« 03/2025

Podcast LinkedIn

Artikel »[The Eye as a Gateway to our Body and Soul](#)« 03/2025

Medwin Publishers

Artikel »[The Eye as a Gateway to our Body and Soul](#)« « 03/2025

Forbes India

Artikel »[A Visionary Pioneer in Ofthalmology, longevity medicine](#)« 01/2025

Dr. Sylvia Paulig: A Visionary Creating Meaningful Impact in Healthcare - The CIO Times, January 2025

Artikel »[Top 5 Prominent Business Leaders Paving the Way for Tomorrow](#)« 2025

Neue Augenarztpraxis am Fichtelberg: Was eine international renommierte Medizinerin ins Erzgebirge zieht - Freie Presse, December 2024

Artikel »[Neue Augenarztpraxis am Fichtelberg](#)« 2025

Link: <https://theciotimes.com/dr-sylvia-paulig-a-visionary-creating-meaningful-impact-in-healthcare/>

Artikel »[Top 5 Dynamic Leaders Transforming Healthcare](#)« 2025

Combination SLT, Resveratrol Supplementation Improves Optic Nerve Health - Healio, January 2025

Artikel »[Revolutionizing Ophthalmology and Holistic Healthcare](#)« 2025

Anti-Aging of Our Optic Nerve—Dream or Reality? - Open Journal of Ophthalmology, November 2024

Artikel »[Anti-Aging of Our Optic Nerve](#)« 2024

Forbes India about Leadership 2024

Artikel »[Leadership effectiveness and social responsibility](#)« 2024

BILD Zeitung 2024 Germany

Artikel »[Grauer Star und Alterssichtigkeit](#)« 2024

BILD Zeitung 2024 Germany

Artikel »[Grauer Star, Grüner Star, AMD](#)« 2024

BILD Zeitung 2024 Germany

Artikel »[Die „beste Augenchirurgin der Welt“](#)« 2024

Der Märkische Bote 2024 Germany

Artikel »[Healthcare Award](#)« 2024

Khaleej Times 2024 UAE

Artikel »[Forttuna Global Excellence Awards](#)« 2023

Police Prevention Magazine 2022 Germany

Anzeige »[Polizei](#)« 2022

1st ARABIA 2022 KSA

Artikel »[Beauty World Saudi-Arabia 2022](#)« 2022

Upward Curve Magazine 2021 Worldwide

Artikel [»Upward Curve Magazin aus 2021«](#) (auf Seite 32)

Upward Curve Magazine 2020 Worldwide

Artikel [»Upward Curve Magazin aus 2020«](#) (auf Seite 32)

Etihad Airways Magazine Atlas 2019 Worldwide

Artikel [»Etihad Airways Magazin Atlas Paulig Eye & Health«](#) 2019

Souq Journal GHORFA 2018 Arab World

Artikel [»Unternehmenspräsentation der Paulig Eye & Health in der Arab-German Chamber of Commerce and Industry \(Ghorfa\)«](#) 2018

Police Prevention Magazine 2016 Germany

Anzeige [»Präventionsschrift Tatort Schule der Polizei«](#) 2016

GHORFA Health Guide 2016

Anzeige [»Artikel der Paulig Eye & Health in Health Guide der Ghorfa«](#) 2016

Feine Adressen 2016 Germany

Anzeige [»Artikel über die Paulig Eye & Health in feine adressen«](#) 2016

TOP MAGAZINE 2016 Germany

Anzeige [»TOP-Magazin«](#) 2016

Ärzte Magazine 2015 Germany

Anzeige [»Berliner Ärztemagazin \(Berlin\)«](#) 2015

Ärzte Magazine 2015 Interview Germany

Artikel [»Berliner Ärztemagazin \(Berlin\)«](#) 2015

Russische Tageszeitung 2014 Russland

Artikel [»Russisches Deutschland«](#) 10/2014

Feine Adressen 2012 Germany

Artikel [»feine adressen \(Berlin/Brandenburg\)«](#) 2012

Feine Adressen 2012 Germany

Artikel [»feine adressen \(Bundesweit\)«](#) 2012

Daily Courier 2012 USA

Artikel [»Daily Courier \(USA\) – Matthew McEnnerney«](#) 2012

BWA Journal 2012 Germany

Anzeige [»BWA-Journal Berlin-Brandenburg«](#) 2012

Newspaper Germany USA Patient 2012

Artikel [»Lausitzer Rundschau – Matthew McEnnerney«](#) 2012

Pharma Zeitung 2011 Germany

Artikel [»Pharma-Zeitung.de«](#) 2011

Zillion Magazine 2011 Worldwide

Artikel [»zillion – business review«](#) 2011

Viva Vita Magazine 2011 Germany

Artikel [»Gut Sehen. Besser Leben. Viva Vita«](#) 08/2011

Attitude Middle East 2011

Artikel [»Attitude \(Middle East\)«](#) 05/2011

Cataract & Refractive Surgery Today Europe 2011

Artikel [»Cataract & Refractive Surgery«](#) (Europa) 2011

Ophthalmologische Nachrichten 2011 Germany

Artikel [»Ophthalmologische Nachrichten«](#) 05/2011

Ophthalmology Times 2011 Europe

Artikel [»Ophthalmology Times Europe«](#) 03/2011

Viva Vita 2010 Germany

Artikel [»Der Graue Star. Viva Vita«](#) 09/2010

Märkischer Bote 2010 Germany

Artikel [»Eine Stadtvilla mit neuer Bedeutung. Märk. Bote«](#) vom 9.10.2010

Congress Interview ESCRS 2010

Artikel [»ESCRS Kongress-Interview: Light Adjustable Lens \(Calhoun Vision\)«](#) 09/2010

Viva Vita 2010 Germany

Artikel [»Thermage. Viva Vita«](#) 04/2010

Viva Vita 2010 Germany

Artikel [»Das neue IOL-VIP-System. Viva Vita«](#) 02/2010

Viva Vita 2010 Germany

Artikel [»Über die Altersabhängige Makuladegeneration. Viva Vita«](#) 11/2009

Viva Vita 2010 Germany

Artikel [»Der grüne Star \(Glaukom\). Viva Vita«](#) 09/2009

Ophthalmologische Nachrichten 2009 Germany

Artikel [»Die Intraokularlinse nach Maß. Viva Vita«](#) 06/2009

Märkischer Bote 2009 Germany

Artikel [»Das neue IOL-VIP-System aus Mailand. Märk. Bote«](#) 03/2009

Märkischer Bote 2008 Germany

Artikel [»OP mit neuen Linsen. Märk. Bote«](#) 12/2008

Lausitzer Rundschau 2008 Germany

Artikel [»Sehen ohne Brille. Lausitzer Rundschau«](#) 06/2008

4. TV Features

TV Moderator ZDF Peter Hahne 2025

<https://www.paulig-eye-health.de/wp-content/uploads/sites/5095/2025/01/Peter-Hahne-Augenaerztin.mp4>

<https://www.paulig-eye-health.de/presse-medien/tv-beitraege/>

Interview mit Fr. Dr. Paulig auf dem 21. Arab-German Business Forum

Eröffnung Berliner Privatpraxis: Impressionen vom 13. Juni 2012, Eröffnungsfeier unserer Berliner Privatpraxis | Keratokonuszentrum

Binovision im MDR: Eine Berichterstattung des MDR über Binovision mit der Light Adjustable Lens, entwickelt von Frau Dr. Paulig

Binovision für US-Bürger: Behandlungserfolg Binovision (Matthew McEnnerney – amerikanischer Film- & Theaterregisseur)

Tag der offenen Tür 2010: Frau Dr. Paulig lädt in Ihre Räumlichkeiten ein, mit englischen Untertiteln

Symposium 2010: Eröffnung der Paulig Eye Health | Praxis in Cottbus mit dem Oberbürgermeister

Light Adjustable Lens: Die Intraokularlinse (Calhoun Vision) nach Maß; Binovision, entwickelt von Frau Dr. Paulig

Symposium 2009: Im schönen Burg (Spreewald) fand ein Symposium statt mit anschließenden Interviews von Prof. Dr. Schwartz (USA), Prof. Dr. Bayer & Prof. Dr. Koch

Tag der offenen Tür 2008: Frau Dr. Paulig lädt in Ihre Räumlichkeiten ein, in der Schweriner Str. in Cottbus

5. Contact Information

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